



Yellow Squash

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Availability:

Jan	Feb	Mar	Apr
May	Jun	Jul	Aug
Sep	Oct	Nov	Dec

■ Available

Pallet configuration:

Cases per level: 7

Number of levels: 7

Total cases per pallet: 49

Nutritional Summary:

Cals	Fats	Carbs	Prot
18	0.2 g	3.79 g	1.37 g

There are 18 Calories per 113g Squash
8% Fat, 67% Carbs, 25% Protein.

Nutritional Facts: per 113 g

Calories 18 Calories from Fat 2

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat

Cholesterol 0g 0%

Sodium 2mg 0%

Total Carbohydrate 4g 1%

Dietary Fiber 1g 1%

Sugars 2g

Protein 1g

Vitamin A 5% Vitamin C 32%

Calcium 2% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

* All nutrition facts and nutritional information are generic

